



Leap Year Yoga Challenge



Holistic Education Foundation Welcomes you to our 2nd Leap Year Yoga Challenge!

Join us to raise awareness & advocate for education in holistic health.

More than 25 holistic practitioners, yogis, and leaders have joined together to inspire, empower, and raise awareness for holistic education and natural alternatives.

If you are up to the challenge, join us to complete up to 108 sun salutations! Enjoy the music, make new like-minded friends, participate in the closing Reiki & Meditation Circle!

Help support your holistic community and
Raise awareness for holistic education and natural alternatives.



February 17, 2024
10:00am-3:00pm
Hobe Sound Farmer's Market

THANKS TO OUR GENEROUS
VOLUNTEERS & SPONSORS,
THIS EVENT IS FREE!
REGISTER TODAY!



www.HEFgives.org



772-208-7688