



February 23, 2024
9:00am-3:00pm
Hobe Sound Farmers Market

Leap Year Yoga Challenge

Join us to raise awareness & advocate for education in holistic health. More than 25 holistic practitioners, yogis, and leaders have joined together to inspire, empower, and raise awareness for holistic education and natural alternatives. Reiki, healthy vegetarian lunch with vegan options, infused water, and beverages provided. If you are up to the challenge, join us to complete 108 sun salutations! Receive a great goodie bag, enjoy the music, make new like-minded friends, and help support your holistic community and raise awareness for holistic education and natural alternatives.

FREE ADMISSION INCLUDES:

Admission to the farm, Shop Naturally Minded Vendors Music & Mingle with Like-Minded People

\$25 DONATION INCLUDES:

All of the above, plus: Practice Sun Salutations, Mindfulness Walk, Meditation & Reiki Circle

\$50 DONATION INCLUDES:

All of the above, plus: entry into the amazing raffles, & hands on Reiki Treatment

V.I.P \$108 DONATION INCLUDES:

All of the above, plus: Front row, VIP mat space, and a full Reiki treatment.

To Join Visit www.HEFgives.org/LYYC2024